

Activity 2 | Killing Relational Capacity

Participant Guide

Constraint	What It Looks/Sounds Like	The Damage It Has On Relational Capacity
Hyper-_____	Nit-picky Hard to please Overly negative	
Too High _____ Drive	Impatient Rushed People apologize for interrupting Impulsive Unsafe to approach	
Lacking _____	Double-minded Hypocritical Flimsy	
Doesn't Seem To _____	Doesn't value people Doesn't appreciate	
Not _____	Doesn't handle business Doesn't follow through Can't get things done	