

## Activity 2 | Killing Relational Capacity

### Facilitator Guide

| Constraint                        | What It Looks/Sounds Like                                                                                     | The Damage It Has On Relational Capacity |
|-----------------------------------|---------------------------------------------------------------------------------------------------------------|------------------------------------------|
| Hyper- <u>Critical</u>            | (Could be other ideas based on participants' responses)<br><br>Nit-picky<br>Hard to please<br>Overly negative | (Responses will vary)                    |
| Too High <u>Achievement</u> Drive | Impatient<br>Rushed<br>People apologize for interrupting<br>Impulsive<br>Unsafe to approach                   |                                          |
| Lacking <u>Integrity</u>          | Double-minded<br>Hypocritical<br>Flimsy                                                                       |                                          |
| Doesn't Seem To <u>Care</u>       | Doesn't value people<br>Doesn't appreciate                                                                    |                                          |
| Not <u>Dependable</u>             | Doesn't handle business<br>Doesn't follow through<br>Can't get things done                                    |                                          |